

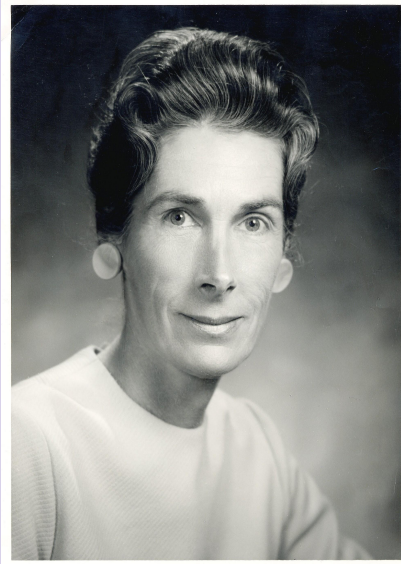
# Pathway to Occupational Therapy

## Top Occupational Therapists:

### A. Jean Ayres, PhD, OTR

- Jean Ayres was an occupational therapist famous for sensory incorporation into therapy for children with special needs. She did research through teaching and testing different tools with occupational therapy patients. She also wrote the book *Sensory Integration and Learning Disorders*, published in 1972, that was used and taught around the world.

**Bette Bonder, PhD, OTR, FAOTA** - Bonder is known for her work with elderly occupational patients. She worked to reduce health disparities among her patients as well as her contributions to the Standardized Assessments Committee. She has published 4 books and more than 45 papers as the editor for the OTJR.



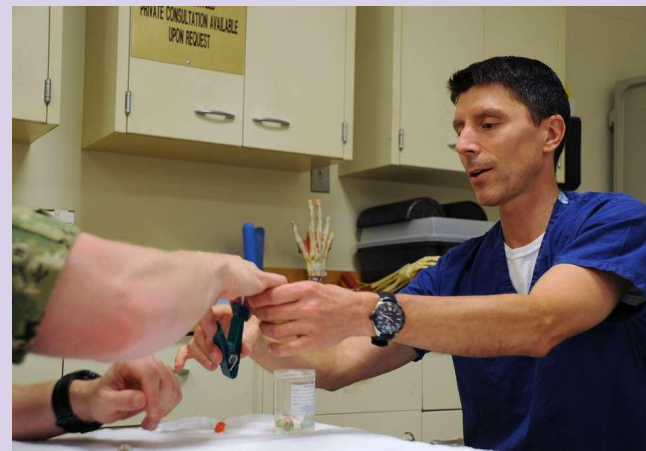
**Student:** Faith – 9<sup>th</sup> Grade / **Mentor:** Bev  
AIM Elective, Benton High School, Benton, Louisiana

### Occupational Therapy:

Occupational Therapy is all about rehabilitation and cooperation with your patients. We help patients to regain, relearn, and develop the skills needed for their day to day lives. Our jobs with patients can be long-term or even a couple weeks, but nonetheless, it is our priority to give all our patients the essential care they need.

### Personal Mission Statement:

I believe in valuing priorities in life. My family, friends, and most importantly, God. I strive to work hard for my success and dedicate my life to my faith. I know I can and will persevere due to my dedication and devotion towards what I believe in.



### Personal Action Plan:

**Highschool-**  
During high school I hope to take the appropriate math and science classes for college. I plan to be more involved in school activities and gain social service hours.

**College-** In college I plan to first earn a Bachelor's Degree in kinesiology and then pursue a Master's Degree in occupational therapy. I would also like to minor in Spanish to help expand my communicational opportunities.

### Closing Statement:

My plan is to graduate highschool with a high GPA, social service hours, and the appropriate credits to get into a good college.

In college I plan to get my Bachelor's degree in kinesiology and then obtain my Master's degree in occupational therapy. During college I would like to work as an intern for a rehabilitation facility to gain experience.

Through this program, and thanks to the help of my mentor, Bev, I have been able to explore my future and plan for what's to come. Mentored Pathways has helped me to research and discover what is necessary to becoming an Occupational Therapist.

I am thrilled to use the information I have learned to become successful and thrive further in my journey through life.

### College Choices



LOUISIANA TECH  
UNIVERSITY

Louisiana Tech University